Summer 2013

Perhaps, you noticed that OSEP lost the “S” in its name recently. Well, despite the fact the word “security” has been eliminated from the Office of Emergency Preparedness’ (OEP) name, you can still expect the same services provided to campus.

As of June 1st, the Office of Security and Emergency Preparedness transitioned to a new name, the Office of Emergency Preparedness. The name change is intended to more appropriately reflect the true nature of services offered to campus, eliminate confusion of departmental services, and to establish a departmental name that is more consistent with other peer and University System of Georgia institutions. OEP will continue to provide comprehensive emergency preparedness and homeland security programs to the University community.

In fact, OEP hopes the name change, along with a new departmental website, new logo, and an improved communication strategy, will aid the office in promoting additional training, technical service, and new program development on all the UGA campuses. This change is due in large part to a unique opportunity our office had this past year with two student interns. Kathleen LaPorte, an undergraduate journalism and public affairs major, and Amanda Newell, a master of public administration student, assisted our office with finding some fresh and innovative ways to reach the UGA student population. These two students also coordinated with Dr. Lynne Sallot, professor of Public Relations in the Grady College, who was looking for a class project which would address emergency preparedness issues on the UGA campus.

Dr. Sallot, her students, and the two OEP interns, worked together during the Spring 2013 semester to assist OEP office with improving our marketing strategies to the campus.

Twenty-five Public Relation Campaigns students in ADPR 5950 dedicated over 1,350 hours to the project.

Their work resulted in a campaign book that provided a lot of useful information to OEP on how we can better reach our students, faculty, and staff. Many of their suggestions, including the “Prepared Dawgs: Be Prepared. Be Ready. Be Alert.” slogan and logo, are being incorporated into our new office name. Be looking for our “Prepared Dawgs” bus cards and brochures around campus.

The Office of Emergency Preparedness can be reached via email at prepare@uga.edu, by phone at 706-542-5845, or by connecting to the office’s new website at www.prepare.uga.edu.

The Office of Emergency Preparedness (OEP) is streamlining Readiness Rules, BSSR INFORMER, and the CERT Reviewer into one combined newsletter, PREPARED DAWGS. OEP’s goal is to produce one quarterly bulletin as a central source for emergency preparedness information for UGA students, faculty, and staff.

Check out the new website, www.prepare.uga.edu. What is your opinion of the new site? Is it easy to navigate? Are you able to find information you need? Do you have suggestions for improvement? Let OEP know by emailing prepare@uga.edu.

An UGA Emergency App is now available for FREE from both the iTunes App Store and Google Play. The UGA emergency app has student emergency procedures, faculty/staff emergency procedures, and travel safety tips. Download the app from In Case of Crisis today.
Summer Heat

- Be aware of the heat. Pay attention to it and modify your activities appropriately.
- Pay attention to your hydration status and be sure to drink plenty of fluids.
- Try to stay in relatively cool areas, even when outside. Many public places, such as libraries, shopping malls and movie theatres, are air-conditioned.
- Avoid hot, enclosed places, such as cars. Never leave children unattended in a car parked in the sun.
- Use a fan, if available.
- Eat well-balanced, light and regular meals.
- Wear loose-fitting, lightweight and light-colored clothing.
- Cover windows that receive a significant amount of sun with drapes or shades to help keep your house cool.
- Weather stripping and proper insulation will keep cool air inside your home.
- Cool beverages are good for cooling down the body, while alcoholic drinks can impair the body's ability to regulate its temperature.

8 Signs of Heat Overexposure

- Heavy sweating -- though if heat stroke sets in, the body can no longer compensate and stops sweating.
- Pale skin.
- Muscle cramps.
- Feeling tired and weak.
- Altered mental status (confusion or disorientation).
- Headache.
- Becoming semi-conscious or passing out.
- Nausea or vomiting.

6 First Steps to Take After Recognizing Heat-Induced Illness

- Call 911.
- Get the person out of the sun and into a cool area. An air-conditioned area is ideal, but moving someone into the shade will also help.
- Apply water to help the person cool off.
- Apply ice to the neck or armpits, where large blood vessels are close to the surface.
- Remove any heavy clothing.
- Immerse the body in cool water, either at a swimming pool or in a bathtub.

UPCOMING TRAINING

Volunteers Needed: The Office of Emergency Preparedness will be assisting local law enforcement on June 25 and 26th with active shooter response training. The training will take place at Cedar Shoals High School. In order to provide realistic training we need as many volunteers as possible to role play in the different scenarios. If you or someone you know would like to volunteer please contact our office for additional information, prepare@uga.edu.

Training & Development: Training for UGA Students, Faculty and Staff. Visit www.hr.uga.edu/training to register and for complete class descriptions.

1. Travel Safety and Security, Monday, July 22, from 9-11 AM. Safety, security and emergency planning considerations should be a part of a well-planned trip. This class offers tips and techniques that may assist the first time traveler or the well-seasoned traveler avoid potential problems at the airport, on mass transit, at their hotel and while touring at their destination.

2. Emergency Preparedness for New Employees, Monday, August 5, from 10:30-Noon. Everyone should know how to prepare, respond to and recover from an emergency or disaster both at home and in the workplace. This class will help prepare members of the UGA community to respond to various building level emergencies and campus emergencies.

3. Plan, Prepare, React: Active Shooter Response Options for Students, Faculty and Staff, Tuesday, August 27, from 9-11AM. An active shooter is defined as an armed person who has used deadly force on people and continues to do so while having unrestricted access to additional victims. This training program, which includes a 10-minute video and a training scenario, was developed on the UGA campus to be a resource for all 35 University System of Georgia institutions. The goal of this program is to provide faculty, staff and students with emergency response options should they become involved in an active shooter situation on campus or in the community.

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4. **Conflict De-escalation**, Thursday, September 12, from 9-11AM. This class will focus on techniques to keep a confrontation from becoming violent. Many members of the UGA community are involved in exchanges that have the potential to become heated. This class will discuss how to keep unpleasant encounters of this nature from becoming violent and how to de-escalate a heated exchange. The goal of the class will be to provide the participants with the ability to obtain voluntary compliance from an individual who does not want to comply.

**BSSR Seminar**

On June 27th the Office of Emergency Preparedness will host a 3.5 hour seminar to assist Building Safety & Security Representatives (BSSRs) with training and planning for emergencies. The seminar will be held from 10:30am to 2:00pm in the Reception Hall of the Tate Center. The seminar will feature:

- Presentations by BSSRs about how they conduct drills, create plans and overcome many of the challenges of emergency preparedness
- Updates from OEP about our programs, how we can assist you, planning tools, emergency resources
- Presentation on UGA’s new 911 Center
- Computer Security Presentation by UGA’s Office of Information Security
- Tables staffed by first responders (Police, Fire, EMS), AED representatives, and evacuation chair instructors
- Sign-out weather radios for your building, pick-up severe weather shelter signs for your building

This is an outstanding opportunity to learn more about emergency planning and how you can improve the safety and security of your building. The seminar is free, but please sign-up at [https://emer.prepare.uga.edu/OSEPFORMS/event_class_special.cfm](https://emer.prepare.uga.edu/OSEPFORMS/event_class_special.cfm) using the keyword “BSSR Seminar”. Please let OEP know if you have any questions at [prepare@uga.edu](mailto:prepare@uga.edu).

**Evacuation Chair Training**

On July 25, from Noon until 1:00 PM, OEP will host an Evacuation Chair Training class at the University Health Center in Conference Room A. The Office of Emergency Preparedness encourages Faculty and Staff who may assist in the evacuation of mobility impaired individuals from buildings, or individuals who will assist in the development of the Building’s Emergency Action Plan to attend. Attendees will learn how to safely and correctly use an evacuation chair through interactive training and simulation. A map of the locations of evacuations chairs on the main UGA campus can be found at [www.prepare.uga.edu](http://www.prepare.uga.edu). Register for the Evacuation Chair Training Class at [https://emer.prepare.uga.edu/OSEPFORMS/event_list_active.cfm](https://emer.prepare.uga.edu/OSEPFORMS/event_list_active.cfm)

If you have a Facebook account, consider becoming a fan of the “Office of Emergency Preparedness” Facebook page located at [https://www.facebook.com/osepuga](https://www.facebook.com/osepuga).