Information in UGA Alert is accurate and represents how I want to be notified in case of an emergency (www.ugaalert.uga.edu). I have programmed 706-542-0111 into my phone as the phone number for UGA Alert. I am also familiar with other campus emergency notification methods.

My roommates and/or close friends know how to contact my parents or other emergency contacts. Also, my parents know how to contact my roommates and/or close friends in case of emergencies.

I have an entry in my cell phone of ICE (In Case of Emergency) so that police/fire/EMS can contact my emergency contact if I am unable to speak or unconscious.

I know more than one way to get out of every building where I have classes. If one exit is blocked, I can get out of the building using a different exit.

I know where to shelter at home and at school in case of severe weather, such as a tornado. For a severe weather shelter area, I should avoid: windows and areas where there might be flying glass; rooms with exterior walls or high ceilings, such as auditoriums. I should try to get to the lowest level in the building.

I have an emergency kit that includes a flashlight, a radio (and fresh batteries), non-perishable food, a first aid kit, and other items. A listing of essential kit items is available on OEP's Website at: www.prepare.uga.edu.

I know the housing staff for my residence hall in case there is an emergency or other problem.

I know how to get to the UGA Health Center if I get sick. I am planning to get a flu shot during the fall semester. To decrease my chances of getting the flu, I wash my hands regularly with soap and water or an alcohol based hand sanitizer.

I will consider taking a CPR/First Aid class and/or participating in the UGA Campus Emergency Response Team (UGA CERT) program.

When I go out at night, I have a plan on how I will get home. I have friends that I can call to pick me up if I get stuck at a party or location where I feel uncomfortable. My roommates/friends know where I am going and the people I am with.